

LOCKDOWN: TOE WOES



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Fungal infections are often noticed as white areas under the nail plate. An example of a fungal infection on the skin of the feet is athlete's foot. This is usually noticed between the toes as flaky, cracking skin that can look quite wet. This is contagious and should be treated by the client using an appropriate treatment.



How to proceed

"The nail technician must not treat a client with a fungal infection and must refer them to a podiatrist," Teresa Frake implores. "If they have put their feet in a foot bath or have come into contact with any tools, everything must be disinfected immediately as this can cross contaminate very easily."



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treatment for feet that have been neglected for a while," enthuses Alison Dalton at Mavex. "The soles of the feet naturally build up hard dry skin over time. For some, this can become a real problem, leading to sore, cracked heels

will transform the feet into smooth, healthy and comfortable feet again."

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